



## Month

January  
July

February  
August

March  
September

April  
October

May  
November

June  
December

## Year

***Which affirmation will  
you recognize a young  
person with this month?***

### Words of Affirmation

Use words to convey a positive  
message to another person

### Quality Time

Show someone that they are  
valued by giving them your time

### Acts of Service

Doing something for another  
person that you know they would  
like to do.

### Tangible Gifts

They see me, they were thinking  
about me.

### Appropriate Physical Touch

A powerful way of showing  
appreciation for certain individuals.

## Recognition

How will you plan to recognize this young  
person or group of individuals?

## Reflection

Reflect on the completion of this activity/experience.