

South Dakota State University Extension

# In season:

Summer

Preserve it to enjoy year round!

# Cucumbers

# Water Bath Canner

### 1. Prep

- Fill canner with 2-3 inches warm water
- Wash cucumbers
- Cut off blossom end, leave <sup>1</sup>/<sub>4</sub> inch of stem attached
- Follow pickle recipe: <u>nchfp.</u> <u>uga.edu/how/can\_06/quick\_</u> <u>dill\_pickles.html</u>

### 2. Pack

- Remove air bubbles
- Wipe jar rims
- Tighten rings fingertip tight

### 3. Processing

Fill canner and cover jars with 2 inches of water

- » Pint: 10 minutes
- » Quart: 15 minutes
- » Altitudes above 1,000 feet require adjustment in processing time

Feet Above Sea Level	Increase in Processing Time
1,001-3,000	5 minutes
3,001-6,000	10 minutes
6,001-8,000	15 minutes
8,001-10,000	20 minutes

# Freezing

The National Center for Home Food Preservation does not recommend freezing cucumbers.

For more information, visit: nchfp.uga.edu

# Drying

The National Center for Home Food Preservation does not recommend drying cucumbers.

For more information, visit: <u>nchfp.uga.edu</u>





# Tips/Tricks:

8 lbs of cucumbers yields 7-9 pint jars. Spiral cucumbers and replace for pasta in any recipe. Slice and add to water with fresh mint for delicious flavor.

This document is to serve as supplemental material for those already knowledgeable on how to safely preserve food and should not serve as a guide to someone completely new to food preservation methods. For further guidance, go to: <u>extension.sdstate.edu/food/preservation</u>

# **Bread-and-Butter Pickles**

For firmer pickles, see Bread-and-Butter Pickles.

#### Ingredients

- 6 pounds pickling cucumbers (4 to 5 inches long)
- 8 cups onion, thinly sliced
- <sup>1</sup>/<sub>2</sub> cup canning or pickling salt
- 4 cups vinegar (5%)
- 4 <sup>1</sup>/<sub>2</sub> cups sugar
- 2 Tablespoons mustard seed
- 1 <sup>1</sup>/<sub>2</sub> Tablespoons celery seed
- 1 Tablespoon ground turmeric

### Directions

- 1. Wash and cut <sup>1</sup>/<sub>16</sub> inch off blossom end and discard. Cut cucumbers into 3/16 inch slices.
- 2. Combine cucumbers, onions and salt in large bowl. Cover with 2 inches of ice. Refrigerate 3 to 4 hours, adding more ice as needed.
- 3. Combine remaining ingredients in a large pot and boil 10 minutes. Drain and add cucumbers and onions; slowly reheat to boiling.
- Fill hot jars with cucumbers, onion and cooking syrup, leaving ½ inch headspace. Remove air bubbles and adjust headspace if needed. Wipe rims of jars with a dampened, clean paper towel.
- Secure lids and process in a water bath canner for 10 minutes (altitudes above 1,000 feet require an increase in processing time, see <u>Altitude Adjustments</u> for Home Canning on the SDSU Extension website).

Yield: Makes about 8 pints

Source: SDSU Extension

# Find more recipes and videos at extension.sdstate.edu

## **Dill Pickles**

### Ingredients

- 8 pounds pickling cucumbers (3 to 5 inches)
- 2 gallons water
- 1<sup>1</sup>/<sub>4</sub> cup canning or pickling salt
- 1 <sup>1</sup>/<sub>2</sub> quarts vinegar (5%)
- <sup>1</sup>/<sub>4</sub> cup sugar
- 2 quarts water
- 2 Tablespoons whole mixed pickling spice
- 3 Tablespoons whole mustard spice
- 14 heads fresh dill
- 4 <sup>1</sup>/<sub>2</sub> Tablespoons dill seed

### Directions

- 1. Wash and cut <sup>1</sup>/<sub>16</sub> inch slice off blossom end and discard, but leave <sup>1</sup>/<sub>4</sub> inch stem attached.
- 2. Dissolve <sup>3</sup>/<sub>4</sub> cups salt in 2 gallons water. Pour over cucumbers, let stand for 12 hours, then drain.
- Combine vinegar, <sup>1</sup>/<sub>2</sub> cup salt, sugar and 2 quarts water. Add mixed pickling spices tied in a clean white cloth. Heat to boiling. Then remove tied pickling spices.
- Fill hot jars with cucumbers. Add 1 teaspoon of mustard seed and 1 <sup>1</sup>/<sub>2</sub> heads fresh dill to each pint. Cover with boiling pickling solution, leaving <sup>1</sup>/<sub>2</sub> inch headspace.
- 5. Remove air bubbles and adjust headspace if needed. Wipe rims of jars with a dampened, clean paper towel.
- Secure lids and process in a water bath canner for 10 minutes (altitudes above 1,000 feet require an increase in processing time, see <u>Altitude</u> <u>Adjustments for Home Canning</u> on the SDSU Extension website).

Yield: Makes about 8 pints Source: <u>SDSU Extension</u>

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