

South Dakota State University Extension



In season:

Summer

Preserve it to enjoy year round!

Water Bath Canner

1. Prep

- Fill canner with 2 to 3 inches of water and begin to warm
- Wash, stem and remove pits
- Dip in ascorbic acid, drain well
- Boil syrup mixture
 - » To prepare light syrup, heat
 9 cups water and 2 ¼ cups
 sugar
- 2. Pack (choose one method) Hot Pack
- » Fill jars loosely with cherries, top with syrup

Raw Pack

- » Add ¹/₂ cup hot syrup to each jar
- Add cherries, shaking down gently
- » Add more hot syrup
- Leave ¹/₂ inch headspace
- Remove air bubbles
- Wipe jar rims
- Tighten rings fingertip tight
- Fill canner with jars. Make sure jars are covered by 2 inch of water

3. Processing

Fill canner and process

- » Pint: 15 minutes
- » Quart: 20 minutes
- Altitudes above 1,000 feet require adjustment in processing time

Feet Above Sea Level	Increase in Processing Time
1,001-3,000	5 minutes
3,001-6,000	10 minutes
6,001-8,000	15 minutes
8,001-10,000	20 minutes

Freezing

Process: Syrup Pack

- Select bright, fully ripened, sweet cherries
- Wash, stem and remove pits
- Mix syrup of 1 ³/₄ cup sugar and 4 cups water
- Pack fruit and cover with syrup, leaving headspace
- Add ¹/₂ teaspoon ascorbic acid to each quart syrup for better quality product
- Seal and freeze

Drying

Process: Dehydrator

- Wash, stem and remove pits
- Cut cherries in half
- Set dehydrator to 140 degrees F
- Arrange in single layer on drying racks
- Rotate racks and cherries during drying process
- Dry 24-36 hours, depending on size



This document is to serve as supplemental material for those already knowledgeable on how to safely preserve food and should not serve as a guide to someone completely new to food preservation methods. For further guidance, go to: <u>extension.sdstate.edu/food/preservation</u>

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