



**SOUTH DAKOTA STATE
UNIVERSITY EXTENSION**



Cloverbud Fun Zone

Hands-on Activities

Marshmallow Building

Materials Needed:

- Marshmallows
- Tooth picks

Instructions:

Build an igloo or tallest tower using marshmallows and toothpicks. Let them use their creativity!

Galaxy Jar

Materials Needed:

- Clean glass jar with a lid
- Tempera paint (at least 2 colors)
- Cotton balls
- Fine glitter
- Water

Instructions:

Step 1: Fill 1/3 of the jar with water to begin.

Step 2: Add several drops of acrylic tempera paint to the water, put the lid on your jar, and shake to mix the paint and water.

Step 3: Add a bit of fine glitter to the water and paint solution.

Step 4: Stretch out and elongate your cotton balls, adding them to the water until the bottom is filled cotton, pressing them down into the water with a stick or knife.

Step 5: Fill another 1/3 of the jar with water and add several drops of contrasting acrylic tempera

paint. Repeat steps 2-4 so your colors start to mix and blend into each other.

Step 6: Fill the final 1/3 of the jar with water and repeat steps 2-4.

Ice Breakers

Knots

Instructions:

Divide your group into teams of 6-8. Each team forms a small circle. Ask them to extend their right hand across the circle and hold the left hand of the other team member opposite them. Then extend their left hand across the circle and hold the right hand of another group member. The task is to unravel the spider's web of interlocking arms without letting go of anyone's hands. Give them a three-minute time limit to complete the task.

Backwards Clump

Instructions:

Backward clumps divide into pairs. Ask each pair to sit on the floor with their partner, backs together, feet out in front and arms linked. Their task is to stand up together. Once everyone has done this, two pairs join together and the group of four try to repeat the task. After they succeed, add another two and try again. Keep adding people until your whole group is trying to stand together.

Service Project Idea

Baked Delights

Instructions:

Think of someone in the community who could really use a thank you for all they do. How about dropping off a dozen or so to your local fire house, medical clinic, or public works office. Your favorite teacher or the aides in the special-needs classes could certainly use a little treat. Make a thank you card to go with the sweet treats!