Crunch Off BINGO

Complete all of the activities for a chance to win a prize! Email a photo of your completed card to claudia.botzet@sdstate.edu

- Eat a red fruit
- Eat a green vegetable
- Try a new recipe with a vegetable
- Cook with 2 vegetables for a meal
- Eat 2 cups of fruit in one day
- Learn about a new fruit
- Eat a raw vegetable
- Eat 2 1/2 cups of vegetables in one day
- Make a fruit smoothie
- Buy produce from a local producer
- Eat a red vegetable
- Have a vegetable for your snack
- Eat a raw fruit
- Go to a farmer's market
- Try a new recipe with a fruit
- Learn about a new vegetable

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