

UNIVERSITY EXTENSION

Beach Ball Bonding Ice Breaker



Learning Outcomes:

Youth will have the opportunity to share some interesting facts about themselves while learning about their peers in a fun environment.

Materials needed:

- Beach Ball/Large Bouncy Ball
- Permanent Markers
- List of questions

Details:

- This mixer can be used for small- large groups
- Ages 8-18 (questions can be changed based on audience)
- There is no time limit on this game, it can go on for as long or as short as you need it to.

Instructions:

This mixer can be used for small- large groups, ages 8-18 (questions can be changed based on audience)

- 1. Inflate the beach ball and use the list below to fill the ball full of questions, get creative and add your own!
- 2. Have the group stand or sit in a circle. If you are working with a larger group, you can get more than one ball and have them break into groups.
- 3. Start throwing the ball from person to person, each person that catches it has to answer the question that their right thumb landed closest to when they caught it. Once they answer it out loud they can pass it to the next person. (Be sure to emphasis on throw the ball, not spike!)

Optional Questions:

- What would you do if you never had to go to school or work again?
- If you could be anything when you grew up, what would you be?
- If you could be any animal what would you be?
- If you had a baby dinosaur, what would you feed it?
- What's your favorite movie?
- What's your favorite song?
- Who is your favorite celebrity?
- What qualities do you look for in a friend?
- If you could travel anywhere, where would you go?
- What's your favorite sport?
- Who is someone you admire and why?
- What do you like to do during summer vacation?
- When you were a little kid, what did you want to do when you grew up?
- What's your favorite book?
- If you were a musician, what music would you make?
- What was your favorite toy as a little kid?
- What would you do with a million dollars?
- What is your favorite item of clothing?
- What is the best gift you ever got?
- If you wrote a book, what would you write about?
- What are you most likely to be famous for?
- What is one thing we might not know about you?
- What is one thing you could do to make it easier for everyone to be themselves at school?



- What does it look like when you get to be yourself?
- What's your favorite holiday?
- What's your favorite subject in school?
- What's your favorite video game?
- Who is your favorite musician?
- What's your favorite food?
- If you could speak a different language, what would you speak?
- If you could have any animal as a pet, what pet would you have?
- What's your favorite TV show?
- What social media site do you like best?
- Where do you feel most like yourself?

Debriefing:

- What is the most interesting fact you learned today about someone else?
- Why do you think it is important to learn about your peers?
- Are there any questions you wish you were asked, that didn't get mentioned that you'd like to share about?

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