



Strawberry/Raspberry

Lakota: wažúšteča

Sampling Display Instructions

Strawberry Banana Frozen Dessert

Ingredients	32 samples	48 samples
Samples: 2 Tablespoon serving		
Bananas-frozen	4 frozen bananas	6 frozen bananas
Strawberries	1 pound strawberries	1 ½ pound strawberries

Directions:

1. Remove banana peels, break bananas into chunks and freeze overnight.
2. While preparing strawberries, let bananas sit out to warm slightly. Wash, hull, and slice or chop strawberries.
3. Place frozen bananas in a food processor or blender. Blend until bananas create a texture similar to ice cream. Add some of the strawberries, if desired.
4. Remove bananas from the food processor and fold in strawberries. Transfer to an airtight container and place in a cooler with ice. Transport quickly to the grocery store.

Materials needed:

- Table/tablecloth
- Garbage can/paper bag
- Paper towels/wet wipes/plastic gloves
- Ingredients used in the recipe
- Paper plates or cups, plastic forks or spoons
- Spoon, fork, spatula for serving
- Recipe video (optional)
<https://youtu.be/R15HtldM4uU>
- Pick it! Try it! Like it! produce sign as table tent
- Pick it! Try it! Like it flyer or recipe card
- Food allergy sign on table

Notes:

- Wear hair tied or clipped back. Wear plastic gloves when serving food.
- Place a few samples at a time in small plastic or paper cups. Provide spoons. Ask parent's permission before children sample.
- Prepare Strawberry Banana Frozen Dessert. Transport in an airtight container and place in a cooler.
- Ask if they use strawberries often in their meals or snacks. Ask if they could use this recipe. Remind that leftovers can be frozen, but should be blended before serving again. Any fruit and ripe bananas can be used.
- Lakota word translated by Jeshua Estes